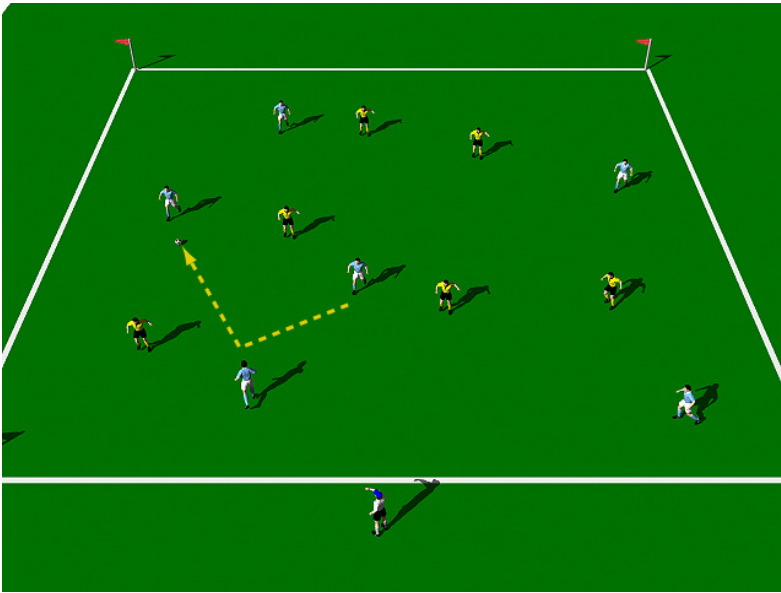


6 v 6 Thinking Game



Exercise Objectives:

This practice is designed to encourage players to think and react quickly. Quick decision making is vital in this exercise.

Field Preparation

- 12 Players (6v6)
- Area 30 yards x 30 Yards
- Supply of Balls and Cones

Coaching Pointers:

Play 6v6 in the square. Identify each team by using different colored bibs. Perform the following exercises in this sequence during the game.

- Both teams have a ball each; pass the ball in a “one touch – two touch” sequence. The passer must remind the receiver how many touches they have.
- Both teams have 2 balls each; pass the ball free play.
- Both teams have 2 balls each; pass the ball in a “one touch – two touch” sequence. The passer must remind the receiver how many touches they have.
- 1 ball between both teams; Yellow can only pass to Blue and Blue can only pass to Yellow. The passer must remind the receiver what color they must pass to next.
- 2 balls between both teams; Yellow can only pass to Blue and Blue can only pass to Yellow. The passer must remind the receiver what color they must pass to next.
- 2 balls between both teams; Yellow can only pass to Blue and Blue can only pass to Yellow. This time using only “two touches”. The passer must remind the receiver what color they must pass to next.
- Free play 6 v 6 no restrictions. Score a goal for 8 consecutive passes

