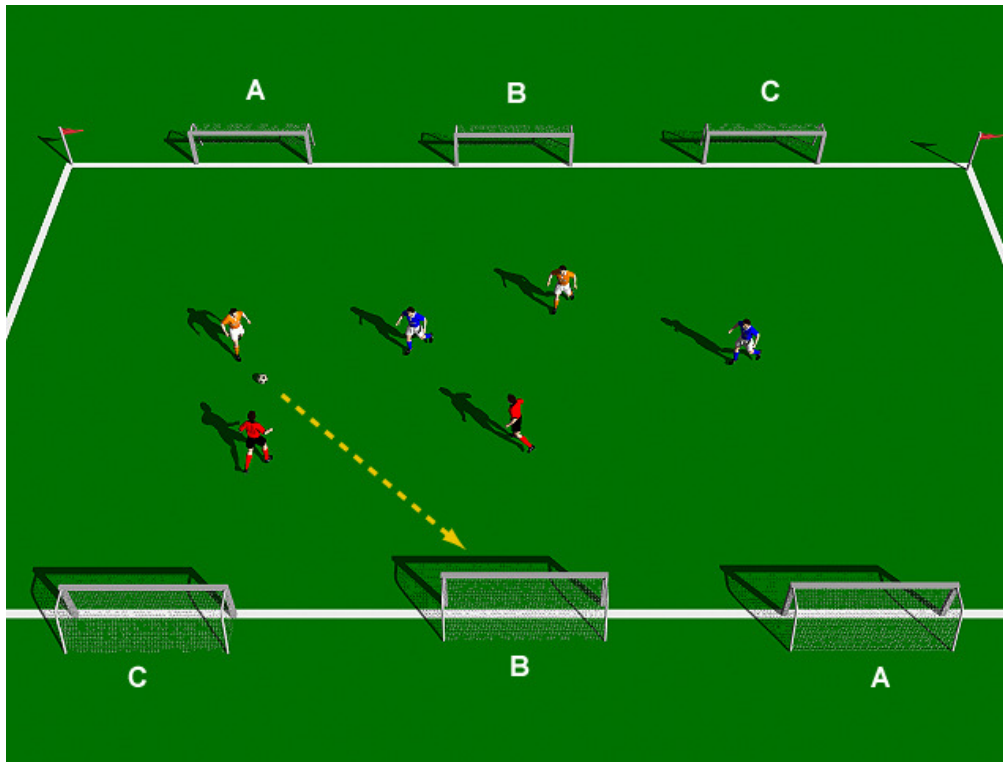


6 Goal Shooting Game



Exercise Objectives:

This practice is designed to encourage players to think and react quickly. Quick decision making is vital in this exercise.

Field Preparation

- 6 Players (3 teams of 2)
- Area 30 yards x 20 Yards
- Supply of Balls and Cones
- Colored Bibs
- Six Small Size Goals

Coaching Pointers:

There are three teams of 2 players. Each team is identified by using different colored bibs. Each team assigned 2 goals to defend. Object of the game is to attack the other four goals.

Focus On:

- Quality passing techniques. Good disguise, pace and accuracy.

